

LIFESTYLE GYM (EAST PARK) PERSONAL TRAINERS

PLEASE CONTACT THE TRAINER IN QUESTION DIRECTLY FOR INFORMATION ON THEIR RATES AND AVAILABILITY

| TRAINER | CONTACT NUMBER |
|----------|----------------|
| NEVERS | +260 966422184 |
| LANGSTON | +260 979646437 |
| ERNEST | +260 964754550 |
| MBACHI | +260 973772679 |

23. 1:10